



celebrAsian

2009 ASIAN HERITAGE FESTIVAL MAY 16, 2009 10AM-8PM DES MOINES

WARRIOR SPIRIT

Open Martial Arts Competition Overview

CelebrAsian, Iowa’s annual Asian Heritage Festival, is the state’s largest Asian event offering festival goers and volunteers an exciting and unique opportunity to become immersed in the rich and diverse Asian cultures here in Iowa.

For the 7th annual CelebrAsian, the Iowa Asian Alliance through its Affinities Committee, is hosting its second Warrior Spirit Open Martial Arts Competition. All forms must originate from traditional Asian martial arts. Love for the martial arts and a deep desire to continue to grow in knowledge and training is the foundation upon which this competition is based. The mission of this endeavor is to encourage and support Iowa’s martial artists through friendly competition.

It is the sincere hope of the martial arts planning team and its advisors that this competition embodies the spirit of all martial arts and offers participants an opportunity to showcase their skills in a non-threatening environment. We encourage camaraderie between schools and when it is all said and done, we hope everyone will walk away with a valuable experience and new friendships.

Strive for excellence in all that you do. Receiving a token validates that you have worked hard, however it is the journey you committed to that exemplifies your character. Accept the challenge, use it as a stepping stone in building strong character with a benefit of sweetening lifelong memories.

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| EVENT | Warrior Spirit Open Martial Arts Competition |
| DATE | Saturday, May 16th , 2009 |
| LOCATION | State Capitol Complex–East Campus Des Moines, Iowa |
| TIME | 9 AM Registration, 11 AM Competition Begins |
| COST | \$25 for one or all three events before pre-registration deadline of April 1st. \$45 before or on April 15th. \$60 after April 15th to May 13th. \$10 per person for Two Person or Group Form registration before April 15th*. Registration online - No onsite registration. NO REFUNDS. |
| ENVIRONMENT | Outdoor, flat, grass. <i>**In case of rain, relocation sites will be decided. Continue to check website for updates.</i> |
| WEBSITE | www.celebrasian.org |
| CONTACT | Golda Curry gcurry@queopm.com or info@iowaasianalliance.com |

****New to 2009:** *Two Person Form, Group Form—The Two Person Form and Group Form is separate from the Core Categories. The Two Person Form must only have two participants. The Group Form must have a minimum of three to a maximum of six participants. The cost is \$10/person. Age and experience level does not matter. Registration and Payment must be submitted before or on April 15th. There is no registration for either of these events after April 15th.*



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TRADITIONAL & CREATIVE DIVISIONS: Traditional Hand and Weapon forms must capture the essence of classic martial arts movements, showcasing the traditional techniques and stances.

Creative Hand and Creative Weapon forms allow contemporary martial arts techniques that have evolved over the last 30 years. Extreme gymnastic-type movements are allowed in the creative forms division and will be graded on relevance and purpose. At least half of the form must originate from martial arts techniques and the competitor must execute at least one technique that involves an inverted move or greater than 360 degree spin.

COMPETITOR: Each competitor must present him/herself in uniform that is in a good state of repair. T-shirts and sweatshirts are acceptable ONLY if it is part of the school's uniform. Any competitor wearing attire that reflects profanity, offensive slogans, offensive messages, etc... will be asked to change. If the competitor refuses than the center judge reserves the right to disqualify the competitor for improper dress.

COMPETITOR RESPONSIBILITIES: It is the responsibility of the competitor to know the rules and be ready for competition when called to do so. Three calls will be made for competition at ringside. If the competitor is not at his/her ring ready to compete when competition begins, he/she will not be able to compete and will be disqualified for that division. Competitors must stay by the ringside until the division is complete and announcements are made.

Competitors will be asked to state their name, school, the city they are from, and the name of the form. Saluting the judges is proper in the beginning and end and should be done by each competitor according to their discipline.

RANK: A competitor should compete at the highest experience level they have earned in the martial arts. It is honorable to compete in a division according to the competitor's years of experience.

OFFICIALS: A ring will have a scorekeeper with a minimum of two judges. A minimum of 3 judges and a scorekeeper is required for all Expert divisions.

TIME LIMIT: All forms must have a minimum of 45 seconds to a maximum of three minutes. The time starts once the center judge gives permission. Any form that is not within the time limit will receive a .25 point deduction.

SCORING RANGES: Beginner will be scored between 6.0–7.0, Intermediate will be scored between 7.0–8.0, Advanced will be scored between 8.0–9.0, and Expert will be scored between 9.0–10.00.



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TIES: If there is a tie for 1st, 2nd or 3rd, then the competitors vying for the placement must compete again in a deciding round. Example: If there are two 2nd place scores, then those two competitors must compete again for 2nd place. The winner of the second round stays at 2nd and the other moves to 3rd place. The person at 3rd place then becomes 4th and so on. There can only be one for 1st, 2nd and 3rd place in each division.

WEAPON DIVISIONS: Safety Rule: If a competitor recklessly or carelessly misuses his/her weapon, he/she may be penalized or disqualified. If a competitor's weapon breaks or comes apart during his/her routine, he/she will be disqualified. Please take the time to look over your weapon carefully before you are called.

STARTING A FORM OVER: If a competitor starts his/her form over because of a memory lapse or any other reason due to his/her own negligence, he/she may perform the form again. There is a .25 deduction for starting over. The three-minute time limit will start over. A competitor can only start over one time. If a competitor has to start over not due to his/her negligence, he/she will not be penalized on the start over.

REQUIRED DOCUMENTS: All competitors must have on file with the Iowa Asian Alliance prior to competing:

- I. Completed Online Registration
- II. Signed Liability Waiver